



Tour de Pink Packing List

When you're preparing for YSC Tour de Pink don't forget these essentials!

Bicycle Equipment

- A bicycle in GOOD REPAIR and TUNED UP prior to the ride
- Helmet (required)
- Two water bottles & cages or a hydration pack (required)
- Spare tubes and tire tools (patch kit optional)
- Mini-tool
- Frame pump, mini-pump and/or CO2 cartridges (can't fly with cartridges, though!)
- Bicycle gloves
- Cycling glasses
- Optional: Lock & cable or U-lock (and key!)

Clothing

- Warm weather and cold weather street clothes
- Warm weather cycling shoes, socks, shorts/bibs, jerseys
- Cold weather cycling shoes, booties, socks, tights, jerseys, jackets, leg warmers, arm warmers
- Wet-weather cycling clothes (small rain jacket and pants)
- Detergent/soap for washing shorts and jerseys
- Swimsuit for hotel pools
- Hat
- At least two pairs of shorts and two jerseys

Miscellaneous

- Medications
- Road ID or Medical Alert, if applicable
- Ziploc bags
- Sunscreen & lip balm
- Chamois cream
- Sunglasses
- Cell phone...but not on the bike!
- Reading material
- Identification card
- Insurance card
- Cash, Credit/ATM cards
- Camera
- Cue sheet clip for handle bars
- Odometer
- Food if you have allergies to certain foods – we do our best to accommodate everyone, but it is best to be prepared!