NEW Resources to Help you Train

Join the new Facebook groups dedicated solely to training, South Ride here, East Coast here, and West Coast here.

Join our Strava group so you can support each other as you log your outdoor and indoor rides!

Check out the updated training guide calendars, South here, East here and West here.

Click on your region below to see group training rides in your state that you could join! Below the regions, you will see a map of all Tour de Pink riders.
The map below represents how many Tour de Pink registered riders (2018 South, East and West Rides) are in your state. **Click on the map** to see specific rider locations and find more training buddies near you!

Shout out to our riders from Canada!

/TdPSouth
/TdPEastCoast
/TdPWestCoast
ysctdp
@YSCTdP

[ysctourdepink.org](http://ysctourdepink.org)